



Newsletter No: 2
December 2008

Chairman:	Paul O Donoghue
Secretary:	Rose Leith
Treasurer:	John O Sullivan

Chairman's Notes

Well another successful year is drawing to a close for Sorrento and club members have once again participated in a wide range of activities the length and breathe of the country and further afield. Several members have recently been victim to the cold and icy weather and I hope that they are all well on the road to recovery now.

To facilitate a more efficient enrolment of members we are having two sign on dates soon where it is hoped that members will attend and bring along their Club/Cycling Ireland forms. The first of these will be after the underage event on the 28th of December followed by an evening social event on January 15th. Further details to be announced.

As always keep an eye on the club website **www.SorrentoCyclingClub.com** for activities over the next few weeks. I hope that everyone has a good Christmas and an even better 2009. See you all on Stephens Day.

Paul O Donoghue
Chairman



Open Road Racing News

The CI calendar is now up on their web site so those of you who are interested in the open racing have a look and start planning your racing/training for 2009.

Club Racing News

With the entrance in club races growing in size year on year we need to start looking for new, safer routes, to hold the club (and Interclub) rides on. If anyone has any ideas for some new routes please contact Joanne O Shea.

Underage:

We are looking at having some kind of Christmas novelty event for underage MTB on 28/12/08 at a venue to be announced. It will be after this event that we have the first of our 'open' sign on's. So come down and give the underage your support as well as bringing down your club/CI membership forms and monies. Again keep an eye on the website for details of where the above will take place and the times.



AGM

The AGM was held on the 16th November at the Cabinteely School. After a lengthy delay we finally reached our required quorum and the meeting commenced at 11.54 instead of the appointed 10.00am start. Thanks to all of those who made the effort to attend. Please remember members, this is your chance to voice your views and vote on committee members who you think will run the club in the manner you see fit. So next year lets see more faces out there and make the running of the club a joint effort and not left to a few stalwarts.

Your new committee for 2009 remains the same as 2008

Chairman – Paul O Donoghue
Treasurer – John O Sullivan
Racing Secretary – Joanne O Shea
MTB Secretary – Conal Higgins
Touring Secretary – Paul Murray
Social Secretary – Geraldine O Shea
Secretary – Rose Leith
Club Coach – Aidan Ryan
Assistant Club Coach – David Peelo (New Election)

Assistant Club Coach was a new election onto the committee, as the workload for Aidan was getting rather large. We are holding more events each year in coaching, talks, underage, road racing, MTB etc as the club grows and appointing an Assistant Club Coach will ensure that we cover all our needs. Most of you know (or have heard of) David. He has been racing and flying the Sorrento flag high for years and has far too many accolades to mention here. However 21 RAS races, CI Point to Point records and representing Ireland in the Beijing Paralympics (setting new Irish records in the process) as a tandem pilot are just a few of his achievements. He also has a diploma in Sports therapy so he comes to us with a great wealth of knowledge just waiting to burst forth at us!! We would like to welcome David to the merry wee group known as 'The Committee'.



Social Happenings:

The 40th Dinner Dance was a great success. We had over 70 past and present members coming together from both Northern and Southern Ireland and as far a field as Denmark. A big thanks goes to John Maguire for doing up the commemorative poster and to Rob Cullen for yet again performing MC duties. A job very well done with humour and sentiment. We had our Founder members to remind us of the Mick Byrne view when

he started the club and a jolly good time was had by all. A few evidence photos' are up on the web site. A thanks also goes to all who had a hand in the organisation of this great event.

After the Dinner Dance came Conal's weekend away in Ballyhaoura. From all accounts this was its usual success. The riding was done in very cold conditions but the afters soon took the chill from the bones!



Looking for a home:

Paul Murray has a large collection of videos and books at home and is looking for a home for these as well as someone to transfer the videos to DVD.

Congratulations:

We would like to congratulate Conal Higgins Snr and Caolin Higgins on completing the First Aid course that was organised by Will Byrne and assisted by Aidan Ryan for CI.

Upcoming events:

We have a social road spin organised for 20th December. This will be a touring spin starting at 10.30 at Gregory's Garage in Newtownmountkennedy and will include a coffee stop.

Then on the 26th we have the traditional novelty 2 up 4 mile TT starting on the bridge at Kilmacanogue at 11.00am. This will be followed with the traditional coffee at Paul O Donoghue and Clare Irwin's place in Kilppeder.

The 28th is the Underage Novelty event – time and venue to be confirmed. This is also the first of our Sign On days.

For those of you who are wanting to do some long distance next year there is a list of events planned for next year up on the

website under Audax but a quick over view is

- 05.04.09 – 200
- 26.04.09 – 200
- 09.05.09 – 200
- 24.05.09 – 200
- 06.06.09 – 400
- 04.06.09 – 600
- 15.08.09 – 300
- 30.08.09 – 200/300

So a good range to choose from and plenty of forewarning so you can get those training log books out, set your targets and work backwards from there to plan your training requirements.



Finally all that is left for us to do now is wish you all and your families and very happy and safe Festive Season – Stay upright on your bikes in this frosty weather and see you all fresh and raring to go in 2009

Issued by Rose Leith on behalf of the Executive Committee

